

**Students must complete an athletic clearance to participate in any sports activity.**

This includes marching band. This should be completed **prior** to attending band camp. Below are the details on how to complete this process. Fair warning, it does take a bit of time (about an hour or so). Please complete this ASAP. For my returning students, this should be a straightforward process. You did it last year and must complete it every year. For new students, this can be a bit challenging, so please ask questions if you are confused by any step.

- 1) Open the attached document "Nfhslearn Course Instructions" and complete the steps. Save the course certificates to your desktop.
- 2) Print the Medical Release Form attached to this email and fill it out. You must get it notarized or it won't be approved. Visit a local bank and they will notarize the form. Return to Mr. Luster.
- 3) Go to [athleticclearance.fhsaahome.org/](http://athleticclearance.fhsaahome.org/) and click on the blue button "Create an Account". Band students will select "Band" and Lionettes will select "Band Auxiliary".
- 4) Enter all your information. Here, you will be asked to upload your Parent's Driver License, and NFHSLearn Certificates.
- 5) Once you've completed the athletic clearance, it will be submitted to one of our Assistant Principals for approval. You will receive an email whether it is approved or denied, once he reviews it.

**Band students do not need to have a physical done by a physician. Lionettes MUST have a physical done by a physician and uploaded to your athletic clearance.**